

KANSAS RELAYS 2004

Thursday April 15

Thursday April 15

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hammer events

11:00 AM Women's Hammer Throw

3:30 PM Men's Hammer Throw

distance carnival

(All running event times are approximate. Thursday will run on a rolling schedule.)

3:00 PM Women's Unseeded 800m Run

4:55 PM Women's 5000 Meter Run (F)

3:15 PM Men's Unseeded 800m Run

5:20 PM Men's 5000 Meter Run (F)

3:45 PM Women's Unseeded 1500m Run

6:00 PM Women's 10,000 Meter Run (F)

4:00 PM Men's Unseeded 1500m Run

6:45 PM Men's 10,000 Meter Run (F)

4:15 PM Men's Unseeded 3000m Steeplechase

04 7:30 PM Women's Open 5K (S)

4:30 PM Women's 3000m Run (F)

04 8:00 PM Men's Open 5K (S)

4:45 PM Men's Masters Mile (S)

Friday April 16

Friday April 16

Friday April 16

field events

8:00 AM Boy's Javelin

2:00 PM Women's Javelin

8:00 AM Girl's Shot Put

3:00 PM Men's Shot Put

9:00 AM Boy's Pole Vault

4:00 PM Boy's High Jump

10:00 AM Women's Long Jump

4:00 PM Men's Long Jump

10:00 AM Boy's Long Jump

4:00 PM Girl's Long Jump

10:00 AM Women's High Jump

4:00 PM Girl's Pole Vault

11:00 AM Girl's Javelin

5:00 PM Men's Javelin

11:30 AM Women's Shot Put

6:30 PM Boy's Shot Put

12:30 PM Men's Pole Vault

running events

04 9:00 AM Girl's Shuttle Hurdle Relay (F)

2:45 PM Women's Distance Medley Relay (F)

9:10 AM Women's Shuttle Hurdle Relay (F)

3:00 PM Men's Distance Medley Relay (F)

04 9:20 AM Boy's Shuttle Hurdle Relay (F)

3:15 PM Women's 400m Dash (P)

9:30 AM Men's Shuttle Hurdle Relay (F)

3:45 PM Men's 400m Dash (P)

9:40 AM Women's 800m Relay (F)

4:10 PM Girl's 400m Relay (P)

9:50 AM Men's 800m Relay (F)

4:35 PM Boy's 400m Relay (P)

10:05 AM Girl's 3200m Run (F)

5:05 PM Women's 400m Relay (P)

10:40 AM Boy's 3200m Run (F)

5:25 PM Men's 400m Relay (P)

11:05 AM Girl's 100m Dash (P)

5:50 PM Girl's 800m Run (F)

11:20 AM Boy's 100m Dash (P)

6:00 PM Boy's 800m Run (F)

11:35 AM Women's 100m Dash (P)

6:10 PM Women's 3,000m Steeplechase (F)

12:00 PM Men's 100m Dash (P)

6:25 PM Men's 3,000m Steeplechase (F)

OPENING CEREMONY AND NATIONAL ANTHEM

12:40 PM Women's 400m Hurdles (P)

6:40 PM Girl's 1600m Relay (P)

1:00 PM Men's 400m Hurdles (P)

7:05 PM Boy's 1600m Relay (P)

1:25 PM Boy's 300m Hurdles (F)

7:40 PM Women's 1600m Relay (P)

1:45 PM Girl's 300m Hurdles (F)

04 8:00 PM Men's 1600m Relay (P)

2:00 PM Girl's Distance Medley Relay (F)

04 8:30 PM Women's 4 Mile Relay (F)

2:15 PM Boy's Distance Medley Relay (F)

8:50 PM Men's 4 Mile Relay (F)

04 = New Event in 2004 (F) = Final (I) = Invitational (P) = Preliminary (S) = Special Event

KANSAS RELAYS 2004

Saturday April 17

Saturday April 17

Saturday April 17

field events

8:00 AM Boy's Discus

10:00 AM Women's Triple Jump

10:00 AM Boy's Triple Jump

10:00 AM Girl's High Jump

10:00 AM Women's Pole Vault

10:45 AM Women's Discus

1:30 PM Girl's Discus

2:00 PM Men's Invitational Shot

2:00 PM Men's High Jump

2:00 PM Girl's Triple Jump

2:00 PM Men's Triple Jump

2:00 PM Men's Invitational Pole Vault

4:15 PM Men's Discus

running events

7:15 AM Open 5,000m Racewalk (F)

04 8:00 AM Girl's 4 Mile Relay (F)

04 8:25 AM Boy's 4 Mile Relay (F)

8:50 AM Boy's 110m Hurdles (P)

9:10 AM Men's 110m Hurdles (P)

9:30 AM Girl's 100m Hurdles (P)

9:50 AM Women's 100m Hurdles (P)

10:10 AM Girl's Sprint Medley Relay (F)

10:30 AM Boy's Sprint Medley Relay (F)

10:50 AM Women's Sprint Medley Relay (F)

11:05 AM Men's Sprint Medley Relay (F)

11:25 AM Master's 400m Relay (S)

11:30 AM Grade School 400m Relay (S)

11:35 AM Girl's 800m Relay (F)

11:50 AM Boy's 800m Relay (F)

OPENING CEREMONY AND NATIONAL ANTHEM

12:30 PM Girl's 2 Mile Relay (F)

12:55 PM Boy's 2 Mile Relay (F)

1:15 PM Women's 2 Mile Relay (F)

1:30 PM Men's 2 Mile Relay (F)

1:55 PM Men's Masters 800m Run (S)

2:00 PM Women's Invite 200m Dash (I)

2:05 PM Men's Invite 200m Dash (I)

2:10 PM Girl's 100m Hurdle (F)

2:15 PM Women's 100m Hurdle (F)

2:20 PM Boy's 110m Hurdle (F)

2:25 PM Men's 110m Hurdle (F)

2:30 PM Girl's 100m Dash (F)

2:35 PM Boy's 100m Dash (F)

2:40 PM Women's 100m Dash (F)

2:45 PM Women's Invite 100m Dash (I)

2:50 PM Men's 100m Dash (F)

2:55 PM Men's Invite 100m Dash (I)

3:05 PM Masters 100m Dash (S)

3:10 PM Women's 800m Run (F)

3:20 PM Men's 800m Run (F)

3:30 PM Girl's 400m Relay (F)

3:35 PM Boy's 400m Relay (F)

3:40 PM Women's 400m Relay (F)

3:45 PM Men's 400m Relay (F)

3:50 PM Men's Invitational Mile (I)

4:00 PM Women's 400m Hurdles (F)

4:05 PM Men's 400m Hurdles (F)

4:10 PM Girl's 400m Dash (F)

4:30 PM Boy's 400m Dash (F)

4:50 PM Women's 400m Dash (F)

4:55 PM Women's Invite 400m Dash (I)

5:00 PM Men's 400m Dash (F)

5:05 PM Men's Invite 400m Run (I)

5:10 PM Girl's 1600m Run (F)

5:25 PM Boy's 1600m Run (F)

5:40 PM Women's 1500m Run (F)

5:55 PM Men's 1500m Run (F)

6:10 PM Girl's 1600m Relay (F)

6:15 PM Boy's 1600m Relay (F)

6:20 PM Women's 1600m Relay (F)

6:25 PM Men's 1600m Relay (F)

6:30 PM Men's Invitational Relay (I)

04 = New Event in 2004

(F) = Final

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